

PARENT EDUCATIONAL CENTER - SESSION 4: APRIL 1 – MAY 10, 2019

CLASS TITLE	CLASS DESCRIPTOR	Rm	Monday	Tuesday	Wednesday	Thursday	Friday
General Educational Development (GED) Español	Prepare for the Spanish GED examination and obtain your High School equivalency through a self-guided program. For English GED preparation, please contact our office. Orientation: By appointment	C-2	10:30-12:00	10:30-12:00	10:30-12:00	10:30-12:00	Tutoring
English as a Second Language Level 1	ESL classes enable student to comprehend, speak and read, write in English level 1. Placement will be determined by examination. (Registration for new students August 2019)	C-3	11:00-1:00	8:30-10:30	11:00-1:00	8:30-10:30	
English as a Second Language Level 2	ESL classes enable student to comprehend, speak and read, write in English level 2. Placement will be determined by examination. (Registration for new students August 2019)	C-3	8:30-10:30		8:30-10:30		
English as a Second Language Level 3	ESL classes enable student to comprehend, speak and read, write in English level 3. Placement will be determined by examination. (Registration for new students August 2019)	C-3		11:00-1:00		11:00-1:00	
Mental Health Promoters	Participate in these workshops and learn to improve mental, health, emotional and social well-being. (April 5, 12, 19)	CR-1					9:00 – 10:00
Plaza Primaria	Build early Spanish literacy skills to earn your 'Primaria' certificate through the Mexican Consulate as a pathway to the 'Secundaria' certificate.	C-2	8:30-10:00	8:30-10:00	8:30-10:00	8:30-10:00	
Plaza Secundaria	Advanced Spanish literacy instructional program to earn your 'Secundaria' certificate through the partnership with the Mexican Consulate.	CR-1					TBD with Staff
Systematic Training for Effective Parenting (STEP) (LEVEL 2)	Learn strategies that will help your adolescent teen demonstrate positive behavior both at home and at school. (Classes take place at Sultana Elementary in room 35)	CR-1					8:30 – 10:30
Heal Yourself 101	Learn the importance of living a healthy life through several presentations from the Heal Zone Staff to help us live a healthier and active life for our families.	CR-1				11:00 – 12:00	
Yarn & Music from Around the World	Share your personal stories as you listen to music and create a beautiful piece of yarn art. Use this technique at home with your child to increase their oral language and listening skills.	PL-2		11:45-1:00			
Technology in your Golden Age	It's never too late to learn technology and the useful applications available in the 21 st century.	PL-2				10:45-12:00	
Using Technology to Visit Countries Around the World	Use different applications on the IPAD to visit a variety of beautiful places around the world. Learn tips to help your child become a responsible, global citizen.	CR-1			10:45-12:15		
Planning your Dream Vacation (LEVEL 2)	Using Google applications and internet research, create a budget and itinerary for your dream vacation. Basic math skills will be applied.	CR-1	9:15-10:45		9:15-10:45		
Computer Lab	A self-paced technology practice to apply skills learned in the basic computer class, iPad class, keyboarding or the online GED program.	CR-1	10:30-12:00			10:30-12:00	
Keyboarding (LEVEL 1)	Explore the internet to research countries and cultures that you would like to visit while developing speed and accuracy by learning the touch operation of the computer keyboard.	CR-1		8:30-10:30		8:30-10:30	
Book Club for Parents	Increase your parenting skills through the use of a book club structure to help our children become successful and independent citizens.	MPR	8:30-9:10		8:30-9:10		
Healthy Nutritional Practices	Learn the importance of nutrition in order to help make healthy meals for your family.	CR-1		10:45 – 11:45			

BIRTHDAY CELEBRATIONS- APRIL 24th & MAY 8th
 AZTEC DANCE – FRIDAY'S 7:00-9:00 P.M. in the Linda Vista MPR

EXPLORING THE WORLD™

REGISTRATION: MARCH 18-22, 2019